



PPPL Standards

Herbarium sheet

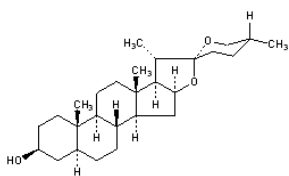
Methiseeds (*Trigonella foenum-graecum*)

Common name: Fenugreek, **English:** Fenugreek **Marathi:** Methi, **Sanskrit:** Bahuparni

Gujarati: Methi, **Hindi:** Methi

Part used: Seeds- Rectangular to oval in shape with deep grooves between the radicle and cotyledon Varies in colour from pale brown to golden yellow 10-20/pod 3-5 mm × 2-3 mm

Active Chemical constituents: Trigogenin



Trigogenin

Organoleptic characters:

Colour-Reddish yellow

Odour- characteristics

Taste- bitter

Pharmacological applications: Anti-diabetic Activity, Anti-Inflammatory Activities, Effect on Blood Glucose and Lipid Profiles in Type 2 Diabetic Patients, Cytotoxic Activity, Antiradical and Antioxidant Activities, Prophylaxis Effect, Diuretic Activity, Antibacterial Activity antifungal Activity

Granthokta Ayurvedic application: Vatanulomak, Garbhashay sankochak, Agnideepak, Dugdha vrudhhikar, Ajirna, agnimandya, amvat, Atisar Shwtpadar, balo ka zadana, Madhumeha (Ref: Bhavaprakasa Nighantu Page No:38)



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